



TUMS Non-Degree Programs Form

What kind of Non-Degree your Program is?	Training Programs
Name of the School/Institute/Research Center/Hospital/Other	School of Rehabilitation
Program Title	Mechanical Diagnosis and Therapy for Low Back and Neck Pain
Program Description	In this course, we discuss about mechanical Diagnosis and therapy as a novel idea who can help the practitioners successfully care low back and cervical disorders in a meaningful way. This approach was initially introduced by Robin McKenzie and since then have been successfully used by physiotherapist around the world. There are many evidences that help the practitioners select the effective methods of this approach-based patients' situation.
Program Objectives	<ol style="list-style-type: none">1. Mechanical Diagnosis and Therapy; Definitions and Applications.2. Mechanical Pathology on Low Back and Neck Pain.3. Explain Approaches and Decision Making.4. Practical Sessions for Different Methods on Low Back Disorders.5. Practical Sessions for Different Methods on Neck Disorders.6. Practical Training for each section and based on evidence-based practice.
Method of Instruction	<ul style="list-style-type: none">• Lecture• Small group discussion• Problem solving method• Practical training• Students apply the treatment methods on small groups at final stage
Program Location(s)	Tehran University Of Medical Sciences School of Rehabilitation / (Alternatively) Kish Campus
Program Director(s)	Dr. Siamak Bashardoust Tajali
Program Instructor(s)	Dr. Siamak Bashardoust Tajali

Number of Positions Offered	30 - 35
Program Duration	4 days
Program Start Date	To be announced
Program Finish Date	To be announced
Application Deadline	To be announced
Tuition Fee	500 \$
Who Can Attend	B.Sc., M.Sc. and PhD graduates in Physical Therapy, Physicians in the field of Physical Medicine Specialist.
Eligibility	Ability to read and understand in English. Being graduate from the identified majors. The students at final year can attend to the course.
Contact Information	rehab_intl@tums.ac.ir Tel.: +982177528468 Fax: +982177528468 Web: https://rehab.tums.ac.ir/
How to Apply	All applicants should apply online. Please note there is no in-person admission. Applicants are required to fill in the Online Application Form and upload it along with all required documents at https://gsia.tums.ac.ir/en/login/menu/-2 For more information, please contact admission@tums.ac.ir
Visa Application	
Accommodation	